



# Heartbeats

SISTERS OF ST. JOSEPH OF LYON IN MAINE  
NEWSLETTER | MARCH 2026

## A Visit from Sr Mary Johns 'Vimala' MARIA of the General Council

BY SARAH SIROIS, PROGRAM COORDINATOR

Our Maine Sector was blessed with a visit from General Council member Sr. Vimala in late January. She traveled with Sr. Judy and they arrived on Sr. Vimala's birthday, January 22! So we began our introductions with a celebratory lunch and cake.

During her stay, Sr. Vimala had the opportunity to become acquainted with each of the Maine Sisters, agrégée Toni, and the staff. She participated in several activities including the SJNS Workshop on Teas, Ice fishing on China Lake, masses at both Notre Dame Church and Mt. Joseph, our Sisters and Staff team meeting, meeting associates and Agrégée candidate Cheryl Smith in a Zoom meeting, a visit to the Lighthouse Soup Kitchen in Waterville, and meeting some of the Blessed Sacrament Sisters in Waterville.



Sr. Vimala is from the southern tip of India, where three seas meet: the Arabian Sea, the Indian Ocean and the Bay of Bengal. Her father was a fisherman; the family always had fresh fish to eat. When we learned this about her, and since her visit was scheduled during our Winter season, we thought it would be fun for her to experience ice fishing. In talking with parishioner Mike Fisher one day, he mentioned that his family had a camp on China Lake and they had recently taken up ice fishing. There was the opportunity!

*Continued on page 4*

The Sisters of St. Joseph of Lyon in Maine continue to live into their mission of uniting neighbor with neighbor and neighbor with God as they are able. They do this in partnership with staff that support them in many ways as they continue to be actively engaged with one another and their surrounding communities.

In this issue, we share with you how Marcia Witham, Director of Community Support, works with the sisters and other members of the staff to assist the sisters with personal and professional needs that support them in their journey.

## Journeying with the Sisters

BY TONI FREDETTE, CSJ AGRÉGÉE

### How did you first meet the Sisters of St Joseph?

I first met the Sisters in 2018 providing sub-contracting services to support them in their homes, assist with appointments, physical exercise, and outings to enrich their day.

### How did you arrive at your current role?

To meet the increased needs of the sisters, I transitioned from sub-contracting to a permanent position. Over the years, my relationship with the sisters has evolved to work with them in a variety of capacities including accompanying them to appointments when needed, providing transportation, and assisting with many other needs as they arise.

My current role has also grown to include property management, which entails hiring vendors for property maintenance and seasonal tasks, supervising contract employees, fielding support and housing requests as they arise, and many office administrative tasks such as managing insurance, medical, property, and financial records.



Marcia Witham, Director of Community Support



Marcia (center) with Sisters Aline and Marcelle.

### What is a typical work week for you?

Oh my gosh, I don't know where to start! Every day, every week is different! It is always a mix of support for the community as a whole, one-on-one support for each sister, ongoing property maintenance, administrative tasks, and many unforeseen tasks that require attention on a given day.

**What is the most rewarding part of your work with the Sisters?**

Assisting the sisters with their needs that enable them to continue living in their own space, spending time with them, and doing things that brings a smile to their face; knowing that I have a meaningful role in their lives.

**Can you share interactions or times when you are with a sister or the community that are special to you?**

I cannot think of a specific instance - over the years there have been so many special moments. In addition to these moments, I am always especially happy when I find notes on my desk or when a sister stops in to chat or thank me for things that I have done to try to be helpful.

**Any last thoughts?**

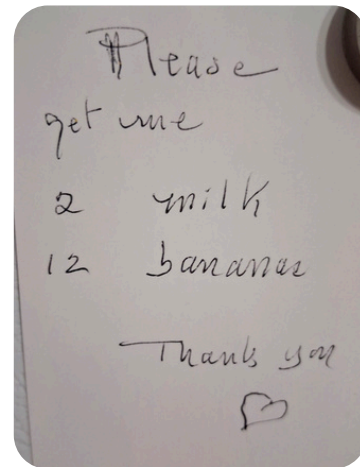
I enjoy my role with the sisters and I am so happy to be with them!



Marcia and Sr. Lorraine having a good laugh!



Left to right: Sr. Judy, Marcia, and Sr. Claudette sharing lunch and conversation.



*Marcia has been a gift to us from the day she stepped into our lives when we needed her most. Of all I could say about her (hardworking, tenacious, generous to a fault, loving, no-nonsense) one quality I really admire is her gift for relationships. No one is merely a vendor or a service provider or a stranger - everyone gets her full and enthusiastic attention. She listens to and is truly interested in everyone, and while accomplishing more things in one day than most of us could do in a week, she takes the time to treat each one as the individual gift that they are. YOU are that gift to us, Marcia!*

-Sr. Judy Donovan, General Superior

So, on Saturday afternoon January 24, in 5 degree temperatures, Sr. Vimala and I traveled to China Lake to meet Mike and his oldest daughter Abby for a couple of hours. We sat in their warm Eskimo tent and visited, and went outside to check the traps a couple of times. Sr. Vimala even baited the hook. We didn't catch any fish, but we enjoyed conversation and making angels on the snow-covered lake! Sr. Vimala felt like she was walking on water; she was!!



Abby and her dad demonstrate the process



Sr. Vimala baits the hook



Placing the baited hook in the trap



The exhilaration of walking on an ice and snow-covered lake for the first time!

*Read excerpts from Sr. Vimala's reflection on her experience in Maine on pages 5 and 12.*



Top: Sr. Vimala and Sarah staying warm in the Eskimo tent

Bottom: Sarah, Mike, Abby, Sr. Vimala

## Visit to Maine – Sisters of St. Joseph of Lyon

BY SR MARY JOHNS VIMALA MARIA, CSJ

### **Welcome and Birthday**

Thank you my dear sisters, for the warm welcome in this peak winter season and for your loving care. It was a very special moment to celebrate my birthday here in Maine. Thank you so much for gathering to welcome and celebrate with me for the gift of my life, making my day unique and unforgettable. Thanks for the birthday gifts, cards and the special meal. It was a real privilege to share such a meaningful moment with you all.

### **Meaningful sharing**

Spending time in personal conversations with each of you helped me get to know you more and you came to know something about me. I am sure these moments created a closer bond among us. Thank you so much for making yourself available and at times you were flexible to adjust.

During our sharing, listening to you took me back to the missionary sisters of this province who came to India. Because of their commitment, courage, and sacrifice, we can say that India now has around 220 sisters, whom we look to with hope for the future of the congregation. Their missionary spirit continues to bear fruit. There are sisters missioned to other parts of the Congregation, like West Africa. We gladly recognize the selfless service that you still continue in your own way. So the charism is still alive.

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*I admire that the Maine sector brings fresh sparks to the congregation through your daring vision and search for creative ways to continue the charism.*

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### **Collaboration in Ministries**

I appreciate the value you place on welcoming people, with a simple greeting and by creating space for exchange through simple gestures; creating an atmosphere of openness and making all who enter this house feel at home.

Participating in the community prayer was a privilege. As it deepens our relationship with God, it strengthens the bond as a community. I have no doubt that it keeps you united and moving forward together.

I witnessed the spirit of “we belong to one family and the inclusive love” as I had a Zoom conversation with the lay associates. Their passion for the charism - loving God and neighbor can not be limited within themselves but they want to share as much as they can.

## MidMaine Permaculture at the Saint Joseph's Nature Sanctuary

BY MELISSA SULLIVAN, COMMUNICATIONS ASSOCIATE

Since 2021, members of MidMaine Permaculture have been working together to improve the health of the property at the Saint Joseph's Nature Sanctuary. From teaching how to build herb spirals, to building a lasagna bed, to kickstarting an annual plant swap, they have used their expertise and love of sharing their permaculture passions with all who are interested.

So, what exactly is permaculture? Back in the 1970s, two men from Australia (Bill Mollison and David Holmgren) developed a working model of “permanent agriculture” / “permanent culture” to guide a new way of planning green spaces and other small outdoor projects. They found that by careful observations of what was already working in a garden, and emphasizing natural processes (sun direction, rainwater flow, proximity to beneficial plants), their plantings were much more successful. Their revolutionary idea of letting nature do the work in garden design rapidly grew into a worldwide phenomena. While many aboriginal and native communities had been using these ideas for centuries, it was these two Australians who brought the principles to light for more people.

As the two permaculture pioneers continued to observe and grow within the permaculture design framework, they started noticing an exciting side effect of all this digging in the dirt: people were coming together to amend the soil, plant the crops, and share in the harvest. The principles of permaculture could be applied to more than just gardening; there was also community building happening along the way.

### David Holmgren's Permaculture Principles

1. Observe and interact
2. Catch and store energy
3. Obtain a yield
4. Apply self-regulation and accept feedback
5. Use and value renewable resources and services
6. Produce no waste
7. Design from patterns to details
8. Integrate rather than segregate
9. Use small and slow solutions
10. Use and value diversity
11. Use edges and value the marginal
12. Creatively use and respond to change



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*“When we work with nature instead of trying to impose our will, the solution is often found within the problem.”*    --David Holmgren

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Each of these design principles has been carefully applied to the layout of plantings and paths within the Nature Sanctuary.

The earth berms on the slope at the north side of the Center were built in response to rainwater flowing from the roof and the paved parking area into the lawn; by building raised planting areas that run perpendicular to the water flow, the rainwater is now used by the plantings on the berms and prevents the walking path at the base of the hill from becoming an eroded muddy mess.



The herb spiral allows many plants to be grown in a very small space by planting up instead of out, and also capitalizes on companion planting.

A tree guild was planted in 2025 around the green ash tree behind Joseph House. The “guild” is a combination of plants that work and grow together to the benefit of the whole system, with shade plants flourishing as they grow underneath the taller sun-loving plants. Comfrey, yarrow, bee balm and other perennials were planted around the ash tree.



With patience and a lot of hard work to get things started, an underused space in the yard can become a fruitful garden or a beneficial space for birds, bees and insects. The layered lasagna bed was built in 2022 to amend the soil, and within one year the garden was full of corn, beans and flowers.

Permaculture principles are useful tools to evaluate our own interaction with and reaction to the world around us. We can think about how we use resources, how we can respond to changes in our lives, and so on. Because permaculture is also centered around community engagement, MidMaine Permaculture has a number of active educational projects through the gardening season at SJNS that the public is invited to attend: planting cool weather crops, garden planting, identifying garden pests, sharing the harvest, and putting the garden to bed. These are wonderful opportunities to learn a new skill, put new skills to the test, and find a community in which to learn and grow.

# Saint Joseph's Nature Sanctuary

## Skills Sharing Workshops

BY SARAH SIROIS, PROGRAM COORDINATOR

### January 23 - Exploring Teas with Dr. Nate Petley

A cold winter morning in January was the perfect setting for local tea lovers to sample delicious teas while learning the process of brewing loose-leaf tea. The presentation was given by Dr. Nate Petley, a Naturopathic Doctor and Clinical Herbalist who grew up in Central Maine, and moved back home to start his own naturopathic health clinic. He is founder of the Maine Center for Natural Health in Waterville. Dr. Petley's love of the botanical world was obvious as he shared the art of brewing teas with us.

As a participant, I was fascinated to learn all the details about brewing a cup of tea. Here are a few takeaways:

- Did you know that all "true" tea comes from the same plant? The *Camellia sinensis* plant is an evergreen shrub native to East Asia and produces small white flowers. The variety of tea flavors (black, green, white) comes from how and when the leaves are processed from this one plant.
- Timing is very important when steeping tea; too long will result in a bitter cup; tea steeped for too short a time will result in a bland taste.
- Water temperature is also key for brewing a perfect cup of tea. If the water is not hot enough, it may not extract flavor or medicinal benefits. Water that is too hot may result in a bitter taste. It's a good idea to start with fresh, filtered water.



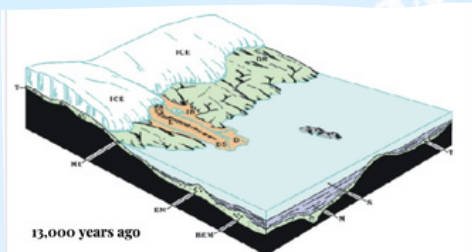
L: Dr. Nate shows the steeping process; C: Chatting with Sr. Angela and Sr. Vimala; R: Ready to pour the lavender tea sample



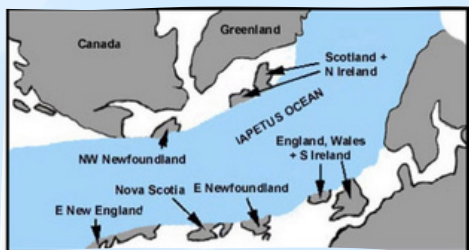
- There are different ways of brewing: flowers and leaves are most often steeped in just-boiled water for 5-15 minutes; this is an infusion. Bark and roots are simmered in water for 15-30 minutes. This is a decoction.
- Loose leaf tea is advantageous as the leaves need space to move for expansion. Dr. Petley demonstrated how he brews the loose tea leaves in a jar and then strains the tea with a small strainer into the tea cup. He prefers brewing loose leaf tea, but shared that the benefits of drinking tea are still present when using tea bags.
- Take note of the difference between decaffeinated versus caffeine-free teas. Decaffeinated means there was caffeine and it has been removed but there are likely still traces of caffeine. Caffeine-free is what you should seek if you truly want to drink a tea free of caffeine.

Participants enjoyed sampling two different teas during the presentation: Tulsi tea, also known as “Holy Basil”, a caffeine-free tea with an earthy taste, and a delicious lavender tea. This was one of our most popular workshops and many agreed they would love to dive in deeper into the world of tea!

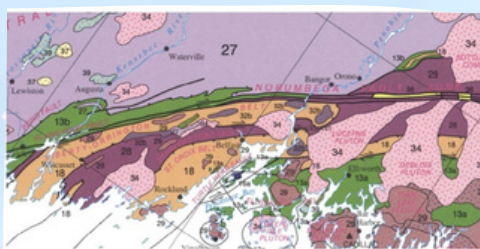
## February 7 - The Geology of Maine with Dr. Peter Garrett



When Peter Garrett shared his knowledge about the Geology of Maine in July 2024, it was so popular that we asked him to do it again and this time was just as popular!



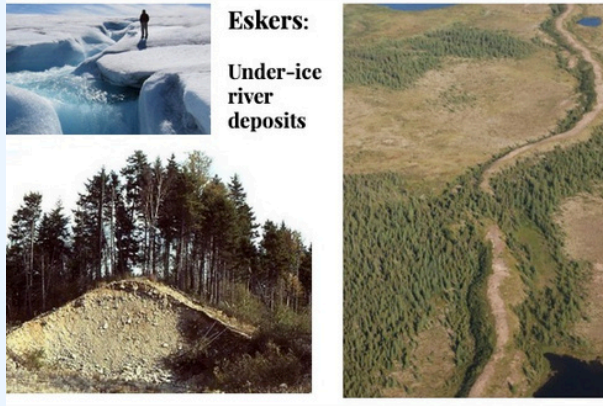
It's amazing to think about how a region that was once all covered by ice (*Left top, shows the ice sheet retreating rapidly*), is now mostly bedrock.



Peter spoke about the early accretion of continent with the closing of the Iapetus Ocean (*left, middle*) which left the Norumbega Fault Zone (*left, bottom*) spanning from Southwestern Maine to New Brunswick.

*continued on page 10*

# Saint Joseph's Nature Sanctuary



Eskers are under-ice river deposits that were left behind as ridges when the surrounding ice disappeared. The ridge consists of sand and gravel deposited by meltwater flowing in a tunnel beneath glacial ice. Maine's esker systems are among the largest in the country; they can be traced for up to 100 miles.

## February 28 - Winter Snowshoe Walk with Harry Vayo

Our bi-annual nature walks with Master Naturalists Harry Vayo and Linda Woods are always pleasant and informative. Several participants come regularly and learn something new each time.



As I was walking the trail recently after the event, it occurred to me that what might not be known about these walks is the amount of time and care our presenters spend in preparation. In the case of our winter walks, Harry comes a couple of days before the walk to survey the grounds for plant species and animal footprints, taking notes and then creates the snowshoe walking trail. Linda also helps to pack down the trail making it easily accessible for participants. The “little things” make a “big impact,” and we are appreciative!



# SJNS Fundraiser

If you have enjoyed our past Skills Sharing events or would like to support our ongoing efforts at the nature sanctuary, please consider contributing to our fundraiser



## Saint Joseph's Nature Sanctuary

A haven for community building, education, and spirituality

Saint Joseph's Nature Sanctuary is the result of a unique partnership of local civic and nonprofit organizations who came together in 2021 around a four-acre plot of land owned by the Sisters of St. Joseph of Lyon along the Sebasticook River in Winslow, Maine.

How your  
donation helps!

### GOALS FOR THE FUTURE:

- Pave the path to Joseph House
- Run electricity to Joseph House
- Create a new picnic/viewing area with a paved path
- Build additional trails around the property
- Continued maintenance of buildings and green spaces



### OUR ACCOMPLISHMENTS SO FAR:

- built Joseph House in partnership with Waterville Habitat for Humanity - a three season, screened-in accessible learning space
- provided free monthly or bimonthly educational/experiential expert-led programs
- developed a perimeter trail with educational signage
- planted a vegetable garden after teaching how to amend the soil
- built two brick herb spirals and three tree guilds
- dug and planted two earth berms/water gardens to stop water flow erosion
- built a small bridge over a wet area on the perimeter trail with help from the Girl Scouts



Donate by check payable / mail to:  
Sisters of St. Joseph of Lyon-Maine  
80 Garland Road, Winslow, ME 04901

Note: enter "SJNS" on memo  
line to ensure your donation  
supports this initiative

### Donate online:

Use the QR code  
or find our site  
here:



### The Sisters of St. Joseph and the founding partners of the Saint Joseph's Nature Sanctuary:

Winslow Agricultural Commission · Kennebec/ Messalonskee Trails · Mid-Maine Permaculture · Maine Master Naturalists · Winslow Girl Scout Troop 545 · Waterville Area Habitat for Humanity · Citizens' Climate Lobby · and other neighbors and friends.

Saint Joseph's Nature Sanctuary is a project of the Sisters of St. Joseph of Lyon-Maine  
(FEIN: 01-0269749), a 501(c)(3) tax exempt organization.  
Donations are tax-deductible to the fullest extent allowed by law.

## Sr. Vimala's reflection continued

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Your commitment to caring for creation through the St. Joseph Nature Sanctuary is admirable. I was deeply impressed by your collaboration with mission partners and like-minded people. Protecting nature and embracing the whole of creation truly reflects inclusiveness. I witnessed the program *Exploring Tea* and there are several other programs that intend to creatively reach out to many, and I appreciate it very much. I am taken up by this group of people who are experts and their zeal to carry out this mission. Your motivation and guidance surely help the staff to move forward.

I admire that the Maine sector brings fresh sparks to the congregation through your daring vision and search for creative ways to continue the charism. In realizing the administration team and finance with lay collaborators, welcoming the *agrégées*, and collaborative mission, all set an example and become a road map for the congregation.

### Thank You

Thank you so much sisters, for all the preparations you made to receive me and make my stay comfortable. You were ready with everything I needed to keep myself warm during this severe winter season. Your care, and presence made my stay smooth, meaningful, and enriching. I thank Sr. Angela for taking me around and accompanying me so generously. Special thanks to Toni and all the staff who have been very loving and attentive. I am in good shape, and I give you all the credit for your thoughtful care and attention.

After this short visit, I was reminded of a saying of Fr. Medaille, which I love very much: "Always towards the more." Though you courageously face the reality of diminishing age, I clearly see you growing towards the more—never stopping, never losing heart. The legacy lives on through you. Continue your greatest mission of praying for the congregation.

Above all, I thank God for this precious opportunity to be with you and for His loving providence under the protection of St. Joseph. All praise and glory to God! I am deeply grateful for each of you and for the many people who have been added to my circle of love through this visit. I carry you with me in gratitude, prayer, and affection.

-Sr. Vimala



## We Cannot Remain Silent or Idle

BY SR JUDY DONOVAN  
GENERAL SUPERIOR

In the face of the illegal, immoral, and escalating wars convulsing numerous regions of the world, affecting our sisters, friends, and families as well as the most vulnerable of our *dear neighbors* everywhere, including our Mother Earth, we who are committed to the *Charism* of *Unifying Love* find ourselves called forth and challenged.

*Called* forth to be public witnesses of that love in the midst of tension, conflict, and violence, for that is where peace is made.

*Challenged* to live that peace in our hearts, communities and apostolic relationships, for if it does not thrive there, how can we hope to be artisans of peace in our world?

We join with people of good will everywhere in prayer, fasting, and action for ‘an unarmed and disarming peace’ (Pope Leo XIV, Jan 1, 2026). And we seek to do what we can to bring consolation to the victims of this time of shameful greed and reckless chaos.

Let us find consolation in the bold women and men of the past who stood up to such madness. The words of a brave and cunning widow who protected her people from annihilation come to mind, ‘*Your strength is not in numbers, nor does your might depend upon the powerful. You are the God of the lowly, helper of those of little account, supporter of the weak, protector of those in despair, savior of those without hope.*’ (Judith 9:11)

May St. Joseph – whose actions to protect the vulnerable from tyrants speak louder than any words – be our wise guide and protector as we celebrate him this month. Like him, let us dare to hear the call and then get up to answer it.



# Around the Community



It was a blessing to welcome Alejandra Ortiz (Maria Alejandra Ortiz Padilla), from Mexico during the Christmas season. Alejandra is in Agrégée formation with Cheryl Smith and other candidates from the Sisters of St. Joseph in Boston. She stayed with Sr. Janet, joined with an all Agrégée gathering in Boston, and spent time with Toni and Cheryl.



Melissa and Sr. Claudette creating the annual 'Christmas Card Tree.'



Christmas Day Gathering at Sr. Janet's



Celebrating Christmas and New Year's with Staff at the Center.



# Around the Community



It's always a joyful reunion when Sr. Judy makes a trip home! (January trip with Sr. Vimala)



Sr. Janet at a Christmas gathering with the Ouellette family - the children of Sr. Janet's friend Alice



Sr. Claudette teaches English to Sr. Madeleine, one of the Blessed Sacrament Sisters from Waterville.



Sally, Sr. Angela and Sr. Vimala admiring hats knit by Ellen to share with our neighbors in Mexico.



Celebrating Sr. Vimala's birthday. Notice our community photographer in action: Sr. Marcelle.



Sarah and Sr. Marcelle enjoying a light moment while doing dishes!

# Around the Community



A little bird shared that Sr. Vimala likes to play chess, so the Sisters gave her a chess board for her birthday. We inaugurated it with a game in Maine and when she got back to France, she and Sr. Rita played a game while Sr. Colette watched and learned.



Above and right: Sarah leads discussion during a community prayer gathering as we embraced Br. Mickey McGrath's "Christ at the Kitchen Door" virtual retreat. At left: Artistic creations from our reflections of our mini-retreat with Br. Mickey.

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***“When a poor or sick person knocks at the door, it is to Jesus that I run.”***

*theme shared during Br. Mickey’s retreat*

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## Remembering Nancy Bancroft

June 2, 1947 - December 10, 2025



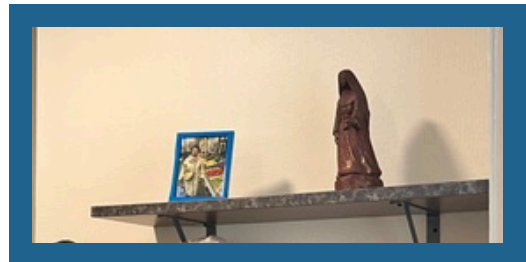
Our lifelong friend Nancy Parent Bancroft, passed on December 10th, 2025, surrounded by family.

We came to know Nancy when she became a Sister of St. Joseph at the age of 18 where we formed lifelong friendships.

Nancy left the convent seven years later, but remained connected with the St. Joseph community for the rest of her life, including spending a meaningful year in Lyon, France with the Sisters in 2024.

Nancy showed us how to live (fun-loving, curious, hard working, creative, open, relational, fearless) but even more so how to die. It was a gift - and a blast! - to live beside her these last years in Lyon, but even more so to meet and speak with her as she lived into her diagnosis and eventual acceptance of death. She truly embodied the Pascal Mystery - accepting, even embracing, death as part of life. Every time I hear her name I have to do a little mini-examen: am I really living fully, or am I on autopilot? Thank you, Nancy!

-Sr. Judy Donovan, General Superior



Sisters and friends gathered in the kitchen of Mambré, which Nancy had designed and renovated with Sr. Rita, to toast her, say a prayer, share a memory, and install a small photo of her (with frame color to match the trimming she had chosen for the kitchen) on a shelf next to our founders, Mother St. John Fontbonne.

## In One Spirit: Vowed, Candidates, and Mentors United in Discernment

BY MARYANN ENRIGHT, CSJ  
DIRECTOR OF AGRÉGÉE FORMATION

This article was previously published in “the MORE... Update”, a publication of the Sisters of St. Joseph of Boston.

This December overnight, long in the planning, brought together the Vowed Agrégées, our current candidates and their mentors. Until December, we had gathered monthly only on Zoom for nearly a year.

Toni Fredette, CSJ Lyon Agrégée, from Winslow, Maine, managed all the travel plans and Linda Boothroyd, CSJ Boston Agrégée, planned the meals.

From lunch on Sunday through lunch on Monday, we prayed, shared faith, and tapped into the original call that brought us to this moment together. Stories flowed naturally throughout the day.



**Front Row, left to right:** Janet Gagnon, CSJ Mentor (Maine); Line Rioux, driver (Maine); Joanne Mauldin, CSJ Agrégée (Boston); Judy Costello, CSJ Mentor (Boston); Maryann Enright, CSJ Formator (Boston)

**Back Row, left to right:** Cheryl Smith, Agrégée Candidate (Maine); Marianne Miller, Agrégée (Boston); Jane Behlke, Agrégée Candidate (Boston); Jamie Medeiros, Agrégée (Boston); Joanne Fantini, Agrégée (Boston); Toni Fredette, Agrégée (Maine); Danielle Dipre, Agrégée Candidate (Pittsburgh, PA); Alejandra Perez, Agrégée Candidate (Maine); Kathy McCluskey, CSJ Formator (Boston); Lee Hogan, CSJ Mentor (Boston)

The sharing between the groups was beyond imagining. We focused on the diverse ways God calls one to something new and invites one into a deep discernment. Janet Gagnon, CSJ Lyon, from Winslow, Maine, captured the experience in the following words:

*“Being present for this pre-Christmas gathering was an unexpected gift of the season. It was a privileged moment: experiencing the beauty and power of real presence as well as seeing the joy of sharing and bonding as each received the other as a part of our global Joseph family. When we find ourselves together, we are at home!”*



Joanne Mauldin, CSJ Agrégée (Boston)

This is not the end. For the Candidates, monthly formation will continue and include time to pause and reflect on readiness to begin the process for acceptance of the candidate by the Major Superior of the Congregation with whom she will vow Fidelity to the Charism and Mission of the Sisters of St. Joseph.

Boston and Maine have a Partnership in the Agrégée Relationship. Sister Judy Donovan, the leader of the Lyon Community in Maine will meet with Cheryl and Alejandra; Sister Mary Murphy, the leader of the Boston Community will meet with Jane and Danielle. As their discernment process continues, we will all be listening for readiness to move

forward and prepare for their commitment with each congregation. We are all very grateful for your prayerful support during this time.



Mary L. Murphy, CSJ, President (Boston), Judy Costello, CSJ Mentor (Boston), Alejandra Perez, Agrégée Candidate (Maine)

Sr. Maryann Enright has been a Sister of St. Joseph of Boston since 1958. She served a number of years as Teacher and Dean of Students at Fontbonne Academy, nearly two decades with the Office of Spiritual Development followed by a term in leadership within the Congregation. She is presently the Director of Agrégée Formation.



We are deeply grateful for our ongoing relationship and collaboration with the Sisters of St. Joseph of Boston. Visit their website at: [www.csjboston.org](http://www.csjboston.org)

**CHRIST IS RISEN!  
ALLELUIA! ALLELUIA!**



Christ, You are risen and HERE among us!  
You are Radiant Light filling us and all of Earth with  
HEALING, HOPE, and JOY.  
May we who believe be filled with Your Light  
Giving witness to God's glory by becoming,  
A WORD of truth that inspires and challenges  
A Song of Hope that sings of compassion and kindness  
A HAND outstretched that lifts up the lowly creating justice for all,  
A CHRIST LIGHT that shatters any darkness and  
Shines for ALL the world to see!  
Christ, You are risen and are HERE among us!

Alleluia!

PRAYER BY KATHY SHERMAN, CSJ

ARTWORK: BEAR THE BEAMS OF LOVE BY MARY SOUTHARD, CSJ  
WWW.MINISTRYOF THE ARTS.ORG. USED WITH PERMISSION



*As we will soon enter  
into the Easter  
Season, we send  
wishes of joy and  
hope to our Sisters,  
Associates, and  
Agréées all over the  
world, our family  
and friends and our  
partners in mission.  
Rejoice in Christ's  
presence among us!*

*-Sisters and family  
of St. Joseph in  
Maine*



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**Sisters, Associates, Agrégée**

Sr. Shirley Alexandre  
Doris Bourque  
Sr. Rita Bujold  
David Champion  
Janice Champion  
Sr. Judy Donovan  
Sr. Angela Fortier  
Toni Fredette  
Sr. Janet Gagnon

Patricia Hackett  
Lewella Landry  
Sr. Dorine Moreau  
Sr. Claudette Poulin  
Sr. M. Line Rioux  
Sr. Lorraine Rioux  
Sr. Marcelle Roy  
Cheryl Smith

***Our Mission is to live and work  
so that all may be one.***